

## Dartmoor Discovery Course Records

| Category                    | Name                     | Club                   | Time           | Year        |
|-----------------------------|--------------------------|------------------------|----------------|-------------|
| <b>Male Course Record</b>   | <b>John Ward</b>         | <b>Bideford AC</b>     | <b>3:29:24</b> | <b>2014</b> |
| MV 40                       | John Ward                | Bideford AC            | 3:33:36        | 2012        |
| MV45                        | John Ward                | Bideford AC            | 3:29:24        | 2014        |
| MV50                        | Garry Smart              | Teignbridge Trotters   | 4:02:49        | 2014        |
| MV55                        | Peter Mensley            | Charnwood AC           | 4:20:10        | 2008        |
| MV60                        | Patrick Lockett          | Newquay Road Runners   | 4:32:20        | 2008        |
| MV65                        | Bob Emmerson             | Leamington C & AC      | 4:53:27        | 2002        |
| MV70                        | New for 2020             |                        |                |             |
| <b>Female Course Record</b> | <b>Adela Salt</b>        | <b>Trentham RC</b>     | <b>4:02:36</b> | <b>2008</b> |
| FV35                        | Adela Salt               | Trentham RC            | 4:02:36        | 2008        |
| FV40                        | Heather Foundling-Hawker | Honiton AC             | 4:05:38        | 2006        |
| FV45                        | Diane Roy                | East Cornwall Harriers | 4:29:50        | 2011        |
| FV50                        | Lynette Porter           | Bitton Road Runners    | 4:15:28        | 2017        |
| FV55                        | Jane Bremner             | Tamar Trotters         | 4:42:11        | 2013        |
| FV60                        | New for 2020             |                        |                |             |

New M/F course records receives £200 cash, any new vet course record receives £25 cash. Set them both and you'll get £225!.....

As with all Teignbridge Trotters races, one person **can** win more than one prize!